

## CCFW Meeting Minutes

**Date:** Wednesday November 4, 2015      **Time:** 3:00-4:30 pm

**Location:** South Glens Falls High School LGI

**Facilitator:** Jenn Wood

**Recorder:** Kaitlin Downey

**Next Meeting:** December 2, 2015 @ 3 pm @ Moreau Community Center

**Attendees:** Donna Nichols            Moreau Community Center  
 Jenn Wood                            CCFW Coordinator/The Prevention Council  
 Kaitlin Downey                    CCFW Youth & Data Specialist/The Prevention Council  
 Jenn Rich                            Moreau Community Center  
 Tim Cooper                         G&S Printing  
 Justin Fischer                     Pine Knolls Alliance  
 Brett Bolesh                        Turnabout SGF HS – Berkshire Farms  
 James Norton                     CCFW PFS Grant Coordinator/The Prevention Council  
 Ken Powers                         Parent  
 Robin Lyle                         Prevention Council  
 Ray Ruby                            SGF HS  
 Patty Kilgore                     SGF HS/Prevention Council Student Assistance Counselor  
 Judy Moffitt                        SGF HS  
 Lyndsey Weber                    Turnabout SGF MS – Berkshire Farms

Topic	Discussion	Decisions/Actions to be Taken
<b>Welcome</b>	<b>Welcome &amp; Icebreaker:</b> Some coalition members know a lot about their heritage, but other would like to know more.	
<b>Thank you</b>	Thank you to the school district for enforcing the athletic code of conduct and the student code of conduct on underage drinking. Policy enforcement is one of the protective factors that deters students from use. Also, holding parents accountable can help to change attitudes on underage drinking and reduce student use. The community coalition thanks and supports the school in its efforts to keep kids safe. The coalition has not publicly commented on recent events, but will if necessary in the future as it pertains to parent behavior and the impact it has on underage drinking.	



<p><b>Determine where to find and how to impact 18 – 25 year olds.</b></p>	<p><b>Step 1: James is facilitating this process through the PFS grant.</b> Data is being collected and is to be analyzed by a data consultant.</p> <p><b>PFS Grant Strategic Plan:</b> James needs volunteers for a subcommittee to work on the strategic plan. This will involve looking at data, identifying health disparities, identifying key issues and needs and formulating a plan to address them. A logic model will be followed and in response to the data a plan will be formulated taking into consideration the coalition’s capacity, resources, and time. This strategic plan will also help to measure outcomes when the next set of data is collected. Any input is valuable into this “Data Driven Dreaming”.</p>	<p>Subcommittee: Donna Nichols, Judy Moffitt, James Norton, will look to meet within the next month to begin the plan. If anyone is interested in joining or has ideas please contact James Norton. The plan is due in February.</p>
<p><b>Grow Parent University and Adjust Model.</b> Step 1: Monitor attendance and explore methods of promoting the programs.</p>	<p><b>Step 1: Monitor attendance and explore methods of promoting the programs.</b> The second Parent University in this series is scheduled for 11-4-15, the focus of which is Digital Relationships. It will promote the Makerspace at the Middle School and feature a student panel. Adults will also be put into small workgroups to discuss questions about student use of social media and technology. We are trying different formats and changing locations to try to increase participation. For the January PU we will try providing child care and possibly look into providing food in the future.</p>	<p>Donna and Jenn R. will set up childcare for the January University.</p> <p>School District: Parent notification via email reminders, robocalls, social media, and website presence.</p>
<p><b>Member Update:</b></p>	<p>Ken Powers attended the NENY Prevention Cooperative Conference on 10/28 and learned valuable information on Environmental Strategies. Some people have the belief that underage drinking is an issue to be addressed in schools, but it is a community issue we can all do something about. Environmental Strategies work to change the climate and culture of a community. As a parent how can you address underage drinking with your child? As a community how can we change the belief that the norm is kids will be kids? Ken brought to us copies of a publication called “The Cost of Fun” which highlights the dangers of underage drinking and gives parents advice on addressing the subject with</p>	<p>Need to discuss the concept of editorials further – how can we make this happen? What will the editorials focus on?</p>

their children and how to set boundaries. While the paper is 11 years old it is still relevant. The coalition discussed a monthly editorial in the local paper on the issues that we are addressing so that the community is getting clear and consistent messages on substance use by teens. Besides the risks of use we can include information on how to talk to kids, the adolescent brain, the science of addiction, ways to celebrate sober, and being a positive role model.

**Next Meeting:**

Next Meeting: December 2, 2015 @ 3 pm @ Moreau Community Center. This meeting will be a training on the Language of Addiction and Recovery

## Updates for November Meeting

### PFS Grant Updates:

- Data collection efforts continue (young adult surveys, student surveys, interviews).
- Sheriff's Drop Box has been ordered and magnets with CCFW logo have been ordered to be placed on the box.
- Drug take back day had over 7,000lbs collected in the I87 Corridor. Moreau EMS site had 48lbs.
- Narcan Training had 20 officers, 4 departments and 29 kits released.
- Public Narcan trainings start this Monday in the Saratoga Springs Library. Contact the Prevention Council for more information.
- Feel Free to ask for Webinars or information from the 4 Conferences (Restorative Justice in Schools, The Dragon Lives Here, NCADD Link between RX drug abuse and Heroin, and NENY)
- There is a conference next week, November 11-12: Engaging Youth on Opioids: Words Can Work- this comes with materials and training to do in school education.
- **Need to create subcommittee to work on developing the strategic plan for the PFS grant. They will be going over all the new data.**

### DFC Grant Updates:

- 4<sup>th</sup> quarter in kind sheets will be emailed in November (apologies for the delay).
- Parent University on October 14<sup>th</sup> – approximately 40 in attendance.
- Executive committee met on October 27<sup>th</sup>. Established list of priorities for coalition to continue post-DFC funding, as well as potential funding sources. Sustainability plan will be submitted to DFC Project Officer by November 30<sup>th</sup>.
- Youth engagement: Above the Influence training for freshmen will be held in January. Sources of Strength training will be held November 12<sup>th</sup>. Tabled at Vocal Point Tune Up Festival. SADD chapter needs to fundraise so they'll have transportation for the Safe Spring conference in March.
- Relationship building/Mentoring with younger students: Subcommittee met on October 29<sup>th</sup> and came up with the following ideas: Collaboration between Big Brothers/Big Sisters and MCC Afterschool program to provide peer leader opportunities, Messaging about role-modeling for athletes (display in gymnasiums and sports fields), Recognize school support staff for the role they play in mentoring students.
- Student survey was administered to 9<sup>th</sup> and 12<sup>th</sup> grade students on October 14<sup>th</sup>. Will be administered to 7<sup>th</sup>, 8<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup> grades before Thanksgiving.
- Staff availability: Jenn will be attending the National Prevention Network Conference in Seattle Nov. 16 – 19 (still available by email) and will be on vacation 20 – 27. Kait will be in the office sporadically the week of the 16<sup>th</sup> and on vacation 23 – 27.
- Ken Powers and Judy Moffitt attended the Northeastern NY Prevention Cooperative Alcohol and Substance Abuse Treatment, Prevention and Recovery Conference on October 28<sup>th</sup>. Judy was a speaker on the Ages and Stages of Recovery Discussion Panel.
- **Webinar on November 12<sup>th</sup> – Chemistry of Addiction. More information at: <https://www.youtube.com/watch?v=C6I3CHhBGeQ> Register at: <https://attendeegotowebinar.com/register/2264428074563965954>**

- **December's coalition meeting will be a training titled "Words Have Power". Theresa Knorr from Balance Recovery Consultation will be talking with us about the language commonly used when describing the addiction and recovery process, and more importantly, how we can change that language use to be less stigmatizing and stereotypical.**
- **Still have calendars to distribute in the community. Contact Jenn to get a box.**