



Annual Retreat:

Thursday, July 14, 2016

11:00 am-2:00 pm Moreau Lake State Park

11:00 am: Arrival, Sign-In, Welcome

11:00-12:00 pm Lunch and Discussion

12:00-1:00 pm: William Wallace

Outreach Coordinator
NAMI - New York State
99 Pine Street
Suite 105
Albany, NY 12207
(518) 462-2000



Mr. Wallace spoke to the coalition on the importance of mental health in relation to the correlation to substance use. Additionally, he shared his personal story with a substance use disorder with co-occurring mental health, which typically go hand in hand. He stressed the importance of hope in mental health and substance use, while each person must make the hard choices along the path to recovery, an engaged community with available resources will draw people looking for support to make those changes.

NAMI is a national and state organization that will support and form groups looking to create greater community level mental health, including: In Our Own Voice, Peer-To-Peer, Family-To-Family, NAMI Connection, NAMI Basics, Parent & Teacher Allies, Provider Education, Family Support groups and Homefront. All are aimed at ending the silence around mental health teaching students and community's how to change perception and unhealthy norms.

1:00-1:30 pm: Review Vision/Mission, Successes from previous year, Goals for next year, Grant Timeline

This year's Successes:

- Drug Take-Back events
- LED Sign
- Movie Theatre Ad (Super Power Your Parenting)
- Attendance (meetings and events)
- South Glens Falls/CCFW Promotional Video
- After-Prom Party
- Parent University/Video Taping and adding to Website
- Billboard Campaign
- Youth to Youth Conference
- Heroin Forum

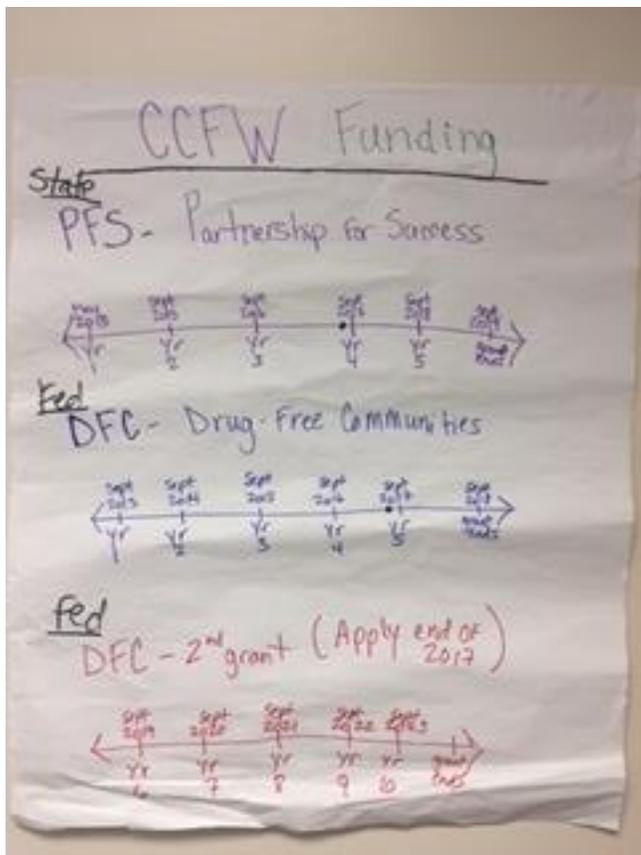
- Sheriff Involvement

Goals for Next Year:

- Additional Community Members/Capacity Building
- Apply for DFC Grant, Years 6-10
- Complete the Parent University Schedule
- Hire a Coalition Coordinator
- Successful After-Prom Party
- Advertising/Spreading the Word about the Coalition
- Sustainability
- In-Services

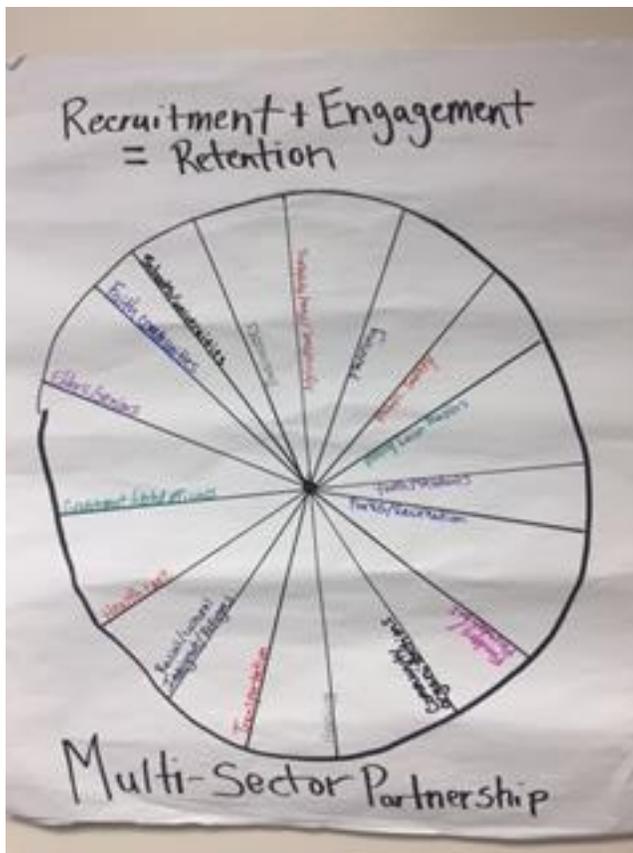
Grant Timeline:

- The Cardinal Health Grant has come to a close. Through this grant, we were able to purchase items such as CCFW Shirts for coalition members, Pop Positivity not Pills Frisbees, Lip balm/sunscreen, sheriff's mobile take back days, pop-up event tent, and Hannaford's Pharmacy will be handing out the CCFW's cards with medication disposal boxes and Deterra locations.
- PFS: The grant is entering the final 2 years, and going forward we need to look at each program and how it will continue. We would like to set up more movie theater advertising and look for continued fundraising.
- DFC: This grant started in September of 2013. We are at the end of year 4 of this grant and we will need to begin writing the year's 6-10 grant in December.



1:00-2:00: Sustainability

- We need to come up with a plan of sustaining programs and coalition involvement.
- What happens if we do not receive the DFC Year's 6-10?
- Do we have all of our sectors represented? Who else needs to be involved/included?



Our Vision:

A substance abuse-free community in which all individuals are involved in prevention and education.

Our Mission:

CCFW is an organization of caring community members working proactively to reduce youth substance use and risky behavior, while providing families with resources, education, and activities that promote safety, health and wellness.